

## 2026 In-Person and Virtual Financial Wellness Seminars

The City of Long Beach and MissionSquare invite you to join us in person or virtually for an upcoming financial wellness seminar. Our seminars reinforce our commitment to offering financial wellness tools and resources to help meet your education needs as you journey to and through retirement.

| The City of Long Beach 2026 CFP Seminar                          | Virtual<br>3:30 p.m. – 4:30 p.m. | In-Person w/Hybrid<br>Noon – 1 p.m. |
|------------------------------------------------------------------|----------------------------------|-------------------------------------|
| Get to Know Your 457(b) (Introducing Roth Contributions)         | N/A                              | Thurs., Feb. 19                     |
| How Health Can Affect Your Wealth in Retirement                  | Wed., Mar. 11                    | Thurs., Mar. 19                     |
| Retirement 101: A Comprehensive Overview                         | Wed., Apr. 8                     | Thurs., Apr. 16                     |
| Retirement Income Planning: Tips to Make Money Last              | Wed., May 13                     | Thurs., May 21                      |
| Effective Estate Planning: Protecting Your Assets for the Future | Wed., June 10                    | Thurs., June 25                     |
| Social Security: Understanding Your Retirement Benefit Options   | Wed., July 8                     | Thurs., July 16                     |
| The Medicare Puzzle: Understanding Your Medicare Options         | Wed., Aug. 12                    | Thurs., Aug. 20                     |
| Get to Know Your 457(b) Plan                                     | Wed., Sept. 9                    | Thurs., Sept. 17                    |

### In-Person Location

**Long Beach City Hall**  
411 W. Ocean Blvd — 2nd Floor  
Beach Conference Room  
Long Beach, CA 90802

### One-on-One Appointments Available



Meet individually with a MissionSquare representative. Representatives will be on-site every third Thursday of the month. **Scan the QR code to schedule your appointment today!**

### Get to Know Your 457(b) Roth Options

The City of Long Beach and MissionSquare will be offering additional seminars on Roth.

**8:30 a.m. – 9:30 a.m.**

Thurs., Feb. 19  
(In-Person w/ Hybrid)

Mon., Feb. 23 (Virtual)

Mon., Apr. 27 (Virtual)

Mon., June 29 (Virtual)

Mon., Aug. 31 (Virtual)